

Mighty Mississinewa Triathlon

September 12, 2009

Triathlon Information:

We look forward to your participation in the 4th Annual Mighty Mississinewa Triathlon (MMT) this year. Enclosed is information that we hope you will find useful in providing a positive experience for you. Proceeds for this event go toward a fund managed by Indiana Heritage Trust (IDNR). This fund is used to purchase ground that is conserved and managed for future generations to use and enjoy in and around Mississinewa Reservoir, Indiana Department of Natural Resources (IDNR).

Peru, Indiana

Saturday, September 12, 2009 8:30 AM (Eastern Daylight Savings Time)

Questions? Contact the Administrator

Contact: Larry A. Brown
Phone: 765-473-6528
Email: lbrown@dnr.IN.gov
Website: www.dnr.IN.gov/uwis/triathlon

Location

The Miami Recreation Area at Mississinewa Reservoir is the host site, which is located on the southwest end of Mississinewa's property. The reservoir is located 8 miles southeast of Peru or 9 miles east of US31 on Miami County Road 500 S., 4673 S 625 E, Peru, IN 46970

Directions

- * Located in north central Indiana. 65 miles north of Indianapolis, 65 miles east of Lafayette, and 65 miles southwest of Fort Wayne.
- * From Northwest Indiana: US31 South continue 5 miles past US24/Peru 500S (If you reach Grissom, you went past 500S).
East (Left) 9.5 miles on 500S across SR19, Miami Rec Area on left.
- * From the North: SR15 South into Wabash to SR13.
South(Right) on SR13 through Wabash, stay on SR13 bearing right approx 3.5 miles to SR124.
West(Right) 5.5 miles on SR124 to 675W.
South(Left) 1 mile on 675W to Mississinewa Dam Road.
West(Right) 1 mile on Mississinewa Dam Road continue across dam to 550E.
South(Left) 1 mile on 550E to 500S.
East(Left) 1.25 miles on 500S, Miami Rec Area on left.
- * From Northeast Indiana: US24 West to Wabash to SR13.
South(Left) on SR13 through Wabash, stay on 13 bearing right approx 3.5 miles to SR124.
West(Right) 5.5 miles on SR124 to 675W.
South(Left) 1 mile on 675W to Mississinewa Dam Road.
West(Right) 1 mile on Mississinewa Dam Road continue across dam to 550E.
South(Left) 1 mile on 550E to 500S.
East(Left) 1.25 miles on 500S, Miami Rec Area on left.
- * From Southwest Indiana: US31 North continue 1 mile past Grissom Air Reserve Base to 500S.
East(Right) 9.5 miles on 500S across SR19, Miami Rec Area on left.
- * From South/Southeast Indiana: SR13 North to SR18.
West(Left) 5.5 miles on SR18 through Converse to SR19.
North(Right) 9.5 miles on SR19.
East(Right) 2.5 miles on 500S, Miami Rec Area on left.

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USAT

Membership is not required.

Timing

Timingiseverything will provide race results at the conclusion of the event and they will be posted on timingiseverything.com. Individual times for the run, bike and swim will also be available. Transition times are not factored out.

Registration

There is a limit of 400 entries. There will be SAME DAY registration if space is still available. Get your entry in early.

Teams

Team captains must complete the registration for all team members and be responsible for furnishing all team members with information and payment for the entire team. Be sure to list the team members in order as to the swim, bike, and run. Teams can consist of 2 or 3 members of any sex and combination.

Mandatory Safety Meeting

Begins at 7:50 am and will last 10 minutes.

Kids run

Free. Begin at 8:10 am, ¼ mile, ages 10 and under, 11- 14, awards, same location as triathlon.

Beach house

Showers and restrooms will be open for your convenience at the event site.

Recreation Area Entrance

Triathlon participant's vehicle entrance fees are waived; all other vehicles will pay the \$5.00 entrance fee.

Parking

Parking is conveniently located near the event site. Traffic will be allowed to come and go immediately before, during and after the event.

Other Interests

Camp sites, Camping Cabins, Boating, Skiing, Fishing, Trails, Concession Stand are all available to you. Bring the family.

PHOTO ID

ALL TRIATHLETES MUST SHOW PHOTO ID TO PICK UP THEIR PACKET TO RACE, unless prior arrangements have been made.

2008 Winners

Male – Zach Rosenbarger 1:15:53

Female – Kelsey DeVereaux 1:27:15

Course Record: Male - 1:11:38 - 2007 Mike Lavery; Female – 1:24:26 – 2007 Diane Schowe

Packet Pickup

Packets may be picked up at the Miami Recreation Area Office on Friday, September 11th from 8:30 am - 8:00 pm and Saturday morning, September 12th from 6:30-7:45 am. Arrive early. YOU MUST SHOW PHOTO.

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Bike check and repair

Breakaway Bike & Fitness Shop will make minor repairs and have some equipment for sale. Have your bike in racing condition when you arrive. HELMETS ARE MANDATORY. Have your own water bottle for the bike portion. (Recumbent bikes may be used but will not be eligible for awards and prizes.)

Transition Area

The transition area will be supervised. Only the participants will be able to be in the transition area, and will be the only ones to pickup the bike and equipment. You must have your body ID match up with your bike ID number.

Race Course Characteristics

Swim- 500 yards, Provided color swim caps must be worn. Two corners out across and back, 6+ waves staggered, wet suits may be used in water 78 degrees and lower.

Bike 16.6 mile Loop on county roads with all right hand turns and 5 course safety stations. Bike helmets must be strapped at all times before-during-after the race to prevent disqualification. You must furnish your own water on the bike course.

Run-3.75 miles Some rolling hills and well maintained trails. Runners must wear the race number in front. There will be 3 water stations on the run course.

Awards and Prizes

Awards and prizes will be presented to the female and male winners, five year age groups, optional T-shirts, swim caps

Food and Refreshments

Food, drinks and water will be available as participants complete the event. This is for competitors and volunteers only. A concession is available for spectators.

Lodging

Lodging is available locally in the city of Peru, approximately 10 miles away.

Cancellation

In the event of cancellation, no refunds will be made. Entries are not transferable or exchangeable.

Race Results

Race results will be posted at the race, and on timingiseverything.com

Changing Swim Waves

If you feel and have evidence that you may be a potential overall race winner, you may contact the race director at least TWO DAYS BEFORE THE RACE to request a change to the first wave.

Race Evaluations

Athletes are encouraged to complete the event evaluation form (located in the food area at the property) in order to help us improve this event.

Questions? Contact the Race Director

Larry A. Brown at lbrown@dnr.IN.gov